

March 19, 2014

To Whom It May Concern:

My name is Chris. No it's not. Chris is a name I'm using to protect my identity, my private health information. Privacy concerns aside, I believe my story needs to be told. I have been a receiver of NAET services from Vickie Van Scyoc, RN, and Dr. Light for three years. When I first began treatments, I could not stand up without immense pain in my leg and foot, orthostatic blood response of blood rushing from head down to flood a leg that was suffering from blood clots, tendonitis in knee and foot and then a neurological response from a condition now called Complex Regional Pain Syndrome, but was called Reflexive Sympathetic Dystrophy in the past. This meant that my brain sent a complex system of pain and burning sensations with inflammation to my leg and foot, where there was massive swelling, burning, and color changes from white to blue to purple. I had Raynaud's type ice-cold soreness while at the same time it felt like I was burning alive from inside my leg. Along with the CRPS, blood clots, tendonitis, I had autoimmune markers for Lupus in my blood, discovered I had a genetic mutation for problems metabolizing B vitamins, and developed intense fibromyalgia with insomnia that aggravated pre-existing digestive problems.

Before any of this, Dr. Light had diagnosed me with Celiac Disease and Depression that presented an array of symptoms common with gluten intolerance and Depression. Later on, a rheumatologist at UCSF would tell me she believed I didn't have Lupus, but CRPS and Fibromyalgia, Depression, caused originally, she believed, by Celiac Disease and the havoc that nutritional diseases can set in motion.

Vickie began my treatment three months after my latest ordeal had begun where I spent all my time lying in bed or using a wheelchair with leg elevated and crutches to move from spot to spot in my home. I was disabled and searching desperately for help of which traditional medicine had no answers. A friend told me about NAET, and I had gone for one treatment years ago and wasn't sure about it. This time, I would try it and put my whole heart into getting well. I could not go on the way I was suffering so intensely.

Whereas medications had begun easing pain, they only masked the symptoms for several hours at a time, and besides becoming dependent on them, they did nothing to help with the root of my illnesses, for healing from the inside out, or to kick in the innate immune healing response that I knew was compromised. And even with medications, I was still using crutches and a wheelchair.

After beginning NAET for food allergies, environmental allergies, biological irritants, bacteria, viruses, molds, vaccines, and various other substances, I was on my way. Dr. Light was amazed by my progress and, frankly, so was I. With NAET treatment, improvement came swiftly in increments and I became hopeful. The discoloration and swelling in my leg improved, along with pain reduction to the point that I was able to use a cane and drive very short trips after three months of twice weekly treatment. CRPS continued to be a problem and I still needed to keep my leg elevated. I was still suffering from some Lupus type issues, Fibromyalgia, and problems in my leg, but the crisis was becoming manageable. There was some progress with these issues as well as time went on using NAET. Difficulties with medication dependence and withdrawal symptoms became paramount; the drugs added layers of pain to my existing problems, and hindered successful NAET treatment. A year after the ordeal began, I was emotionally and

physically dependent on the medications and wanted to get off of them all and focus on allowing the holistic treatments, NAET in particular, to work without toxicity complicating the healing process. Four days in the hospital for medical detox was required. Once I was off the drugs, eating well, doing NAET, and exercising to build up strength in my dystrophied leg, my body began regulating and pain ceased its relentless rage.

I credit NAET with helping me rise from desperation to destiny, from feeling no control and that life was not worth living to taking control with the boost of healing on a cellular level. I am so grateful to Vickie and Dr, Light for having the faith to keep working with me, encouraging me to move forward versus feeling stuck at the end of the road, and for, in essence, saving my life. There is no doubt in my mind that NAET provided me with that kick in the innate healing system that would never have happened had I continued to pursue only traditional Western medicine.

Sincerely,

Chris

(RW)