

Name: _____

1. _____ Absent Mindedness
2. _____ Abnormal hair growth
3. _____ Acid foods upset stomach
4. _____ Acne
5. _____ ADD/ADHD
6. _____ Addiction - nicotine
7. _____ Addiction - alcohol
8. _____ Addiction - sugar
9. _____ Addiction - drugs
10. _____ Allergy - drugs _____
11. _____ Amnesia - temporary
12. _____ Anemia
13. _____ Appetite - excess _____ or poor _____
14. _____ Arthritis
15. _____ Asthma - bronchial
16. _____ Asthma - cardiac
17. _____ Athletes foot
18. _____ Autism
19. _____ Bad breath
20. _____ Blurred vision
21. _____ Bowel disorders
22. _____ Brain fog
23. _____ Breast pain
24. _____ Breast swelling
25. _____ Breast lumps
26. _____ Bronchitis
27. _____ Brown spots
28. _____ Bruise easily
29. _____ Burning/Itching anus
30. _____ Burning feet
31. _____ Coated tongue
32. _____ Cold sweats often
33. _____ Colds/flu frequent
34. _____ Colitis
35. _____ Colon - gas
36. _____ Compulsive behavior
37. _____ Constipation
38. _____ Cough
39. _____ Cradle cap
40. _____ Crave - spices
41. _____ Crave - salts
42. _____ Crave - sweets
43. _____ Crave - sour
44. _____ Crave - other _____
45. _____ Cuts heal slowly
46. _____ Dandruff
47. _____ Decreased sex drive
48. _____ Depression
49. _____ Diabetes
50. _____ Diarrhea
51. _____ Difficulty in walking

52. _____ Difficulty in swallowing
53. _____ Diverticulitis
54. _____ Dream disturbed sleep
55. _____ Dry nose
56. _____ Dry eyes
57. _____ Dry mouth
58. _____ Dyslexia
59. _____ Ear aches
60. _____ Ear infections
61. _____ Eating disorder
62. _____ Eczema
63. _____ Edema
64. _____ Elbow pains
65. _____ Excess thirst
66. _____ Extremities cold
67. _____ Eyelids puffy
68. _____ Eyes watery
69. _____ Eyes itch
70. _____ Fainting spells
71. _____ Falling hair
72. _____ Fatigue
73. _____ Feels cold often
74. _____ Feels insecure
75. _____ Fever
76. _____ Forgetfulness
77. _____ Frequent rashes
78. _____ Fungus
79. _____ Gag easily
80. _____ Gallstones
81. _____ Gastric distress
82. _____ General itching
83. _____ Greasy food upset
84. _____ Hair loss
85. _____ Hay Fever
86. _____ Headache - Sinus
87. _____ Headache - Morning
88. _____ Headache - Afternoon
89. _____ Headache - Migraine
90. _____ Hearing decreased
91. _____ Heartburn
92. _____ Heart irregularities
93. _____ Hemorrhoids
94. _____ Herpes
95. _____ High altitude problem
96. _____ High blood pressure
97. _____ Hip pains
98. _____ Hives
99. _____ Hoarseness
100. _____ Humidity discomfort
101. _____ Hungry between meals
102. _____ Hyperactivity
103. _____ Hysterectomy

104. _____ Ileocaecal valve
105. _____ Increased sex drive
106. _____ Indigestion
107. _____ Infertility
108. _____ Insomnia
109. _____ Internal trembling
110. _____ Irritable bowels
111. _____ Irritable & restless
112. _____ Kidney stones
113. _____ Knee pains
114. _____ Labored breathing
115. _____ Loss of taste
116. _____ Low blood pressure
117. _____ Low back ache
118. _____ Lump in the throat
119. _____ Memory loss - short term
120. _____ Memory loss - long term
121. _____ Menses - scanty
122. _____ Menses - excess
123. _____ Menses - irregular
124. _____ Menses - painful
125. _____ Mental confusion
126. _____ Metallic taste
127. _____ Mid back ache
128. _____ Migrating pains
129. _____ Milk causes discomfort
130. _____ Mood swings
131. _____ Mucous production
132. _____ Muscle cramps at night
133. _____ Muscle spasms
134. _____ Nasal polyps
135. _____ Nausea
136. _____ Neck pains
137. _____ Nervous stomach
138. _____ Neuralgia
139. _____ Night sweats
140. _____ Nose bleed
141. _____ Numbness
142. _____ Obsessive behavior
143. _____ Ovarian cysts
144. _____ Pain between shoulders
145. _____ Pain on the heels
146. _____ Pain unexplained
147. _____ Perspiration excess
148. _____ Phobias
149. _____ Premenstrual syndrome
150. _____ Poor memory
151. _____ Post nasal drip
152. _____ Premature graying
153. _____ Prone to infections
154. _____ Prostate troubles
155. _____ Psoriasis
156. _____ Red eyes
157. _____ Restless leg syndrome
158. _____ Ring worm
159. _____ Ringing in the ears
160. _____ Seizures
161. _____ Sensitive to cold _____ or heat _____
162. _____ Sexual problems _____
163. _____ Shortness of breath
164. _____ Shoulder pain
165. _____ Sigh frequently
166. _____ Sinusitis
167. _____ Skin problems _____
168. _____ Skin peels
169. _____ Skin - thickening _____ or thinning _____
170. _____ Sleepy during the day
171. _____ Slow pulse < 65
172. _____ Slow starter
173. _____ Smell decreased
174. _____ Sneezing attacks
175. _____ Sore throat
176. _____ Sore canker
177. _____ Sour stomach
178. _____ Startles easily
179. _____ Strong light irritates
180. _____ Swollen ankles, feet
181. _____ Throat constriction
182. _____ Tightness in the chest
183. _____ Tingling sensation
184. _____ Tires too easily
185. _____ Tired after eating
186. _____ Tourette's syndrome
187. _____ Upper back ache
188. _____ Urinary tract disorders
189. _____ Urination difficult
190. _____ Urine amount increased
191. _____ Urine amount reduced
192. _____ Uterine polyps
193. _____ Vaginal discharge
194. _____ Varicose veins
195. _____ Vertigo
196. _____ Vomiting frequent
197. _____ Warts
198. _____ Weak nails
199. _____ Weight gain
200. _____ Weight loss
201. _____ White spots
202. _____ Worrier
203. _____ Yeast infections
204. Other _____
-