

Name: \_\_\_\_\_

1. \_\_\_\_\_ Absent Mindedness
2. \_\_\_\_\_ Abnormal hair growth
3. \_\_\_\_\_ Acid foods upset stomach
4. \_\_\_\_\_ Acne
5. \_\_\_\_\_ ADD/ADHD
6. \_\_\_\_\_ Addiction - nicotine
7. \_\_\_\_\_ Addiction - alcohol
8. \_\_\_\_\_ Addiction - sugar
9. \_\_\_\_\_ Addiction - drugs
10. \_\_\_\_\_ Allergy - drugs \_\_\_\_\_
11. \_\_\_\_\_ Amnesia - temporary
12. \_\_\_\_\_ Anemia
13. \_\_\_\_\_ Appetite - excess \_\_\_\_\_ or poor \_\_\_\_\_
14. \_\_\_\_\_ Arthritis
15. \_\_\_\_\_ Asthma - bronchial
16. \_\_\_\_\_ Asthma - cardiac
17. \_\_\_\_\_ Athletes foot
18. \_\_\_\_\_ Autism
19. \_\_\_\_\_ Bad breath
20. \_\_\_\_\_ Blurred vision
21. \_\_\_\_\_ Bowel disorders
22. \_\_\_\_\_ Brain fog
23. \_\_\_\_\_ Breast pain
24. \_\_\_\_\_ Breast swelling
25. \_\_\_\_\_ Breast lumps
26. \_\_\_\_\_ Bronchitis
27. \_\_\_\_\_ Brown spots
28. \_\_\_\_\_ Bruise easily
29. \_\_\_\_\_ Burning/Itching anus
30. \_\_\_\_\_ Burning feet
31. \_\_\_\_\_ Coated tongue
32. \_\_\_\_\_ Cold sweats often
33. \_\_\_\_\_ Colds/flu frequent
34. \_\_\_\_\_ Colitis
35. \_\_\_\_\_ Colon - gas
36. \_\_\_\_\_ Compulsive behavior
37. \_\_\_\_\_ Constipation
38. \_\_\_\_\_ Cough
39. \_\_\_\_\_ Cradle cap
40. \_\_\_\_\_ Crave - spices
41. \_\_\_\_\_ Crave - salts
42. \_\_\_\_\_ Crave - sweets
43. \_\_\_\_\_ Crave - sour
44. \_\_\_\_\_ Crave - other \_\_\_\_\_
45. \_\_\_\_\_ Cuts heal slowly
46. \_\_\_\_\_ Dandruff
47. \_\_\_\_\_ Decreased sex drive
48. \_\_\_\_\_ Depression
49. \_\_\_\_\_ Diabetes
50. \_\_\_\_\_ Diarrhea
51. \_\_\_\_\_ Difficulty in walking

52. \_\_\_\_\_ Difficulty in swallowing
53. \_\_\_\_\_ Diverticulitis
54. \_\_\_\_\_ Dream disturbed sleep
55. \_\_\_\_\_ Dry nose
56. \_\_\_\_\_ Dry eyes
57. \_\_\_\_\_ Dry mouth
58. \_\_\_\_\_ Dyslexia
59. \_\_\_\_\_ Ear aches
60. \_\_\_\_\_ Ear infections
61. \_\_\_\_\_ Eating disorder
62. \_\_\_\_\_ Eczema
63. \_\_\_\_\_ Edema
64. \_\_\_\_\_ Elbow pains
65. \_\_\_\_\_ Excess thirst
66. \_\_\_\_\_ Extremities cold
67. \_\_\_\_\_ Eyelids puffy
68. \_\_\_\_\_ Eyes watery
69. \_\_\_\_\_ Eyes itch
70. \_\_\_\_\_ Fainting spells
71. \_\_\_\_\_ Falling hair
72. \_\_\_\_\_ Fatigue
73. \_\_\_\_\_ Feels cold often
74. \_\_\_\_\_ Feels insecure
75. \_\_\_\_\_ Fever
76. \_\_\_\_\_ Forgetfulness
77. \_\_\_\_\_ Frequent rashes
78. \_\_\_\_\_ Fungus
79. \_\_\_\_\_ Gag easily
80. \_\_\_\_\_ Gallstones
81. \_\_\_\_\_ Gastric distress
82. \_\_\_\_\_ General itching
83. \_\_\_\_\_ Greasy food upset
84. \_\_\_\_\_ Hair loss
85. \_\_\_\_\_ Hay Fever
86. \_\_\_\_\_ Headache - Sinus
87. \_\_\_\_\_ Headache - Morning
88. \_\_\_\_\_ Headache - Afternoon
89. \_\_\_\_\_ Headache - Migraine
90. \_\_\_\_\_ Hearing decreased
91. \_\_\_\_\_ Heartburn
92. \_\_\_\_\_ Heart irregularities
93. \_\_\_\_\_ Hemorrhoids
94. \_\_\_\_\_ Herpes
95. \_\_\_\_\_ High altitude problem
96. \_\_\_\_\_ High blood pressure
97. \_\_\_\_\_ Hip pains
98. \_\_\_\_\_ Hives
99. \_\_\_\_\_ Hoarseness
100. \_\_\_\_\_ Humidity discomfort
101. \_\_\_\_\_ Hungry between meals
102. \_\_\_\_\_ Hyperactivity
103. \_\_\_\_\_ Hysterectomy

104. \_\_\_\_\_ Ileocaecal valve  
105. \_\_\_\_\_ Increased sex drive  
106. \_\_\_\_\_ Indigestion  
107. \_\_\_\_\_ Infertility  
108. \_\_\_\_\_ Insomnia  
109. \_\_\_\_\_ Internal trembling  
110. \_\_\_\_\_ Irritable bowels  
111. \_\_\_\_\_ Irritable & restless  
112. \_\_\_\_\_ Kidney stones  
113. \_\_\_\_\_ Knee pains  
114. \_\_\_\_\_ Labored breathing  
115. \_\_\_\_\_ Loss of taste  
116. \_\_\_\_\_ Low blood pressure  
117. \_\_\_\_\_ Low back ache  
118. \_\_\_\_\_ Lump in the throat  
119. \_\_\_\_\_ Memory loss - short term  
120. \_\_\_\_\_ Memory loss - long term  
121. \_\_\_\_\_ Menses - scanty  
122. \_\_\_\_\_ Menses - excess  
123. \_\_\_\_\_ Menses - irregular  
124. \_\_\_\_\_ Menses - painful  
125. \_\_\_\_\_ Mental confusion  
126. \_\_\_\_\_ Metallic taste  
127. \_\_\_\_\_ Mid back ache  
128. \_\_\_\_\_ Migrating pains  
129. \_\_\_\_\_ Milk causes discomfort  
130. \_\_\_\_\_ Mood swings  
131. \_\_\_\_\_ Mucous production  
132. \_\_\_\_\_ Muscle cramps at night  
133. \_\_\_\_\_ Muscle spasms  
134. \_\_\_\_\_ Nasal polyps  
135. \_\_\_\_\_ Nausea  
136. \_\_\_\_\_ Neck pains  
137. \_\_\_\_\_ Nervous stomach  
138. \_\_\_\_\_ Neuralgia  
139. \_\_\_\_\_ Night sweats  
140. \_\_\_\_\_ Nose bleed  
141. \_\_\_\_\_ Numbness  
142. \_\_\_\_\_ Obsessive behavior  
143. \_\_\_\_\_ Ovarian cysts  
144. \_\_\_\_\_ Pain between shoulders  
145. \_\_\_\_\_ Pain on the heels  
146. \_\_\_\_\_ Pain unexplained  
147. \_\_\_\_\_ Perspiration excess  
148. \_\_\_\_\_ Phobias  
149. \_\_\_\_\_ Premenstrual syndrome  
150. \_\_\_\_\_ Poor memory  
151. \_\_\_\_\_ Post nasal drip  
152. \_\_\_\_\_ Premature graying  
153. \_\_\_\_\_ Prone to infections  
154. \_\_\_\_\_ Prostate troubles  
155. \_\_\_\_\_ Psoriasis  
156. \_\_\_\_\_ Red eyes  
157. \_\_\_\_\_ Restless leg syndrome  
158. \_\_\_\_\_ Ring worm  
159. \_\_\_\_\_ Ringing in the ears  
160. \_\_\_\_\_ Seizures  
161. \_\_\_\_\_ Sensitive to cold \_\_\_\_\_ or heat \_\_\_\_\_  
162. \_\_\_\_\_ Sexual problems \_\_\_\_\_  
163. \_\_\_\_\_ Shortness of breath  
164. \_\_\_\_\_ Shoulder pain  
165. \_\_\_\_\_ Sigh frequently  
166. \_\_\_\_\_ Sinusitis  
167. \_\_\_\_\_ Skin problems \_\_\_\_\_  
168. \_\_\_\_\_ Skin peels  
169. \_\_\_\_\_ Skin - thickening \_\_\_\_\_ or thinning \_\_\_\_\_  
170. \_\_\_\_\_ Sleepy during the day  
171. \_\_\_\_\_ Slow pulse < 65  
172. \_\_\_\_\_ Slow starter  
173. \_\_\_\_\_ Smell decreased  
174. \_\_\_\_\_ Sneezing attacks  
175. \_\_\_\_\_ Sore throat  
176. \_\_\_\_\_ Sore canker  
177. \_\_\_\_\_ Sour stomach  
178. \_\_\_\_\_ Startles easily  
179. \_\_\_\_\_ Strong light irritates  
180. \_\_\_\_\_ Swollen ankles, feet  
181. \_\_\_\_\_ Throat constriction  
182. \_\_\_\_\_ Tightness in the chest  
183. \_\_\_\_\_ Tingling sensation  
184. \_\_\_\_\_ Tires too easily  
185. \_\_\_\_\_ Tired after eating  
186. \_\_\_\_\_ Tourette's syndrome  
187. \_\_\_\_\_ Upper back ache  
188. \_\_\_\_\_ Urinary tract disorders  
189. \_\_\_\_\_ Urination difficult  
190. \_\_\_\_\_ Urine amount increased  
191. \_\_\_\_\_ Urine amount reduced  
192. \_\_\_\_\_ Uterine polyps  
193. \_\_\_\_\_ Vaginal discharge  
194. \_\_\_\_\_ Varicose veins  
195. \_\_\_\_\_ Vertigo  
196. \_\_\_\_\_ Vomiting frequent  
197. \_\_\_\_\_ Warts  
198. \_\_\_\_\_ Weak nails  
199. \_\_\_\_\_ Weight gain  
200. \_\_\_\_\_ Weight loss  
201. \_\_\_\_\_ White spots  
202. \_\_\_\_\_ Worrier  
203. \_\_\_\_\_ Yeast infections  
204. Other \_\_\_\_\_
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