

Mold is Toxic

There is NO SAFE level of mold. Most people are casual about mold because they do not know it causes over two hundred medical problems and can kill. It increases clotting in the blood stream that causes heart attacks and strokes. Mold toxins also lower natural killer cells, the cells you use to fight cancer.

The Dangers of Mold

- * Mold Toxins decrease awareness and insight and can make your IQ fall
- * Mold chemicals can increase cancer, strokes and heart attacks
- * Mold chemicals in the air can increase irritability and cause moodiness
- * Mold can hurt your ability to relate and get along with people
- * Mold chemicals in the air can make you feel foggy, tired, bloated and blah
- * Mold toxins can hurt virtually every organ in the body
- * Mold toxins can occasionally cause auto-immunity. For example, your immune system attacks your own nerves.

Mold

Is a type of fungus that grows in warm, humid and dark areas. It spreads by producing spores, small particles that float in the air. Mold spores can be found in carpets, in air ducting, around the foundation of the house and outdoors among trees, plants, leaf piles and elsewhere. Mold can be deadly.

NAET

(Nambudripad's Allergy Elimination Technique) is a natural, painless, and noninvasive treatment used in desensitization, reduction, or permanent elimination of various food, chemical and environmental allergies. Most asthma and lung disorders are caused from allergies, and a surprising number of other diseases may be caused by allergies.

Asthma

"Asthma is a chronic lung disease characterized by recurrent attacks of breathlessness, airways (bronchial tubes) that become hyperactive and constrict when exposed to a variety of stimuli," obstruction of the bronchioles that is reversible with NAET.

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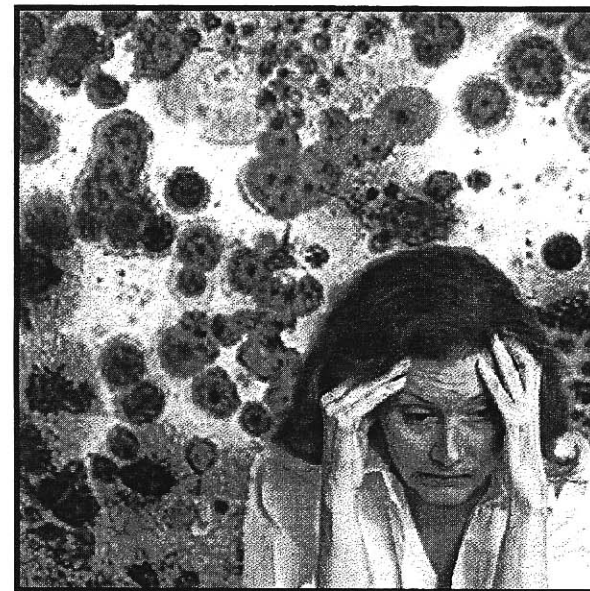
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MOLD ALLERGIES and ASTHMA



**You could be living
with mold**

Mold Can Be Anywhere

Homes

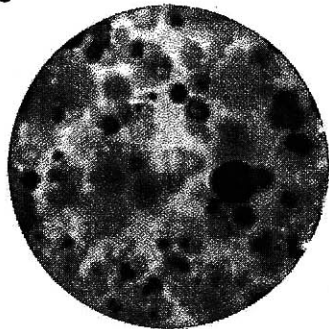
Offices

Rentals

Cars / Trucks

Indoor Mold and Your Brain

Headaches
Poor memory
Trouble concentrating
Trouble learning
Trouble finding words
Disorientation
Slow thinking
Slow comprehension
Decreased attention
Vocal or motor tics, Serotonin Changes
Abnormal reflexes
Edema or swelling in the brain
EEG abnormalities
Strokes
Lateness
Irritability
Seizures
Trembling
Mood swings
Depression
Anxiety
Forgetfulness
Panic attacks
Spacey
Child developmental milestone delays
Trouble with quick mental tests



Other Common Symptoms

Fibromyalgia
Respiratory distress
Difficulty swallowing, choking
Asthmatic symptoms
Irritable bowel syndrome
Dark or painful urine Coated tongue
Leaky gut syndrome
Food allergies
Vision problems
Swollen lymph nodes
Large boils on neck
Yellowing of nails, ridges

Thyroid irregularities
Adrenal problems
Balance problems very common
Chronic fatigue
Night sweats
Drooling while sleeping
Infertility
Multiple chemical sensitivity
Sudden weight changes
Hair loss
Irregular heart beat/heart attack
Bruising /scarring
Hives/rashes
Nose bleeds
Hearing loss

NAET helps reduce and often eliminates mold allergies and asthma

Simple treatments with NAET bring amazing relief to clients experiencing allergies to molds.

Results are astounding, and clients are thrilled with the results.

However, to prevent becoming re sensitized to molds it is important to remove them from your environment.

How Do Molds Spread?

Molds are from the Fungi Family. They require food, moisture and protection and the environment in our homes are ideal for their growth. Cellulose, found in the paper and wood products used to build most homes is their favorite food source; they can unlock all the sugars trapped inside. They spread by ejecting microscopic repro-

ductive spores, like a powder, into the air, which float everywhere the air currents take them.

Find the mold!

Look for moisture in crawl spaces and basements. Water can seep into your old or new home in many ways; it can wick through concrete (both block and poured), and ground water can be present at soil level, especially at the bottom of a hill. If a sump pump or dehumidifier is being used in the basement, water has already intruded. Beware of musty smells which do contain spores you are now breathing. The soil under your house may appear dry, but it really isn't, these areas are always absorbing and evaporating water. Inspect duct work in the crawlspace of a basement for loose joints that allow airborne spores to penetrate and circulate throughout the whole house.

It is very common to have defects in the construction of homes allowing leaks of air and moisture to get inside. Some of these defects could include: leaky flashing around doors and windows, exhaust pipe vents, poorly sealed roof boots, over-flowing condensation pans, etc.

Bathrooms are NOT the most common cause of dangerous molds as most people think. Yes, this is also a place to inspect, but the black fungal growth you see on grout lines and under condensation areas of windows usually isn't from the species that cause the most illness. Have it tested.