

Testimonials

I have had a throbbing pain in my neck continually for at least a month and have had this pain on and off for years now. The pain was radiating straight across. I had a difficult time turning my neck. An allergy to trees was the cause of this throbbing pain. Ever since the treatment, I have not had any pain or difficulty with my neck. Who could ever imagine that trees would be the cause!
(Marge)

I had just traveled 3,000 miles from Florida to make a voice recording for my new book. I arrived at my friend's home in California where the recording was to take place. By the next morning, when I awoke, I found the glands in my throat to be swollen and sore throat. I needed to begin voice recordings and I couldn't afford my voice to be impaired in any way. Dr. Chernoff got back to me, and said I was reacting to cobalt. I was floored because every bit of dishware, bowls, glasses, teacups, and serving dishes we had been using were ALL COBALT. I was cleared of the cobalt and my glands and throat returned to normal.
(Vaishale)

Thank you for helping me with my eyes! And to think I almost didn't call and ask for your help! I had terrible symptoms. My eyes were extremely itchy, crusty upon waking, yellow gunk was coming out of my eyes, eyelids were swollen, and they continued to close up more and more. I went to the hospital and waited four hours until I could see a nurse. They didn't know what was

wrong. I was reacting to DDT from some food. After the treatment the itching stopped almost right away. By morning I was almost normal and now I have no problems!
(Grace)

Treatments

Discovering causes, then treating to permanently eliminate them is what NAET is all about. Whether it is acute pain such as migraine, abdominal pain or tension headache; common pain syndromes, drug reactions, fibromyalgia, food sensitivities, irritable bowel syndrome, cluster headache, joint pains, lower backache, myofascial pain, peripheral neuralgia, PMS, post surgical pain, skin disorders, using NAET testing procedures to track down the cause. Once the cause is determined, elimination of the cause through NAET is possible.

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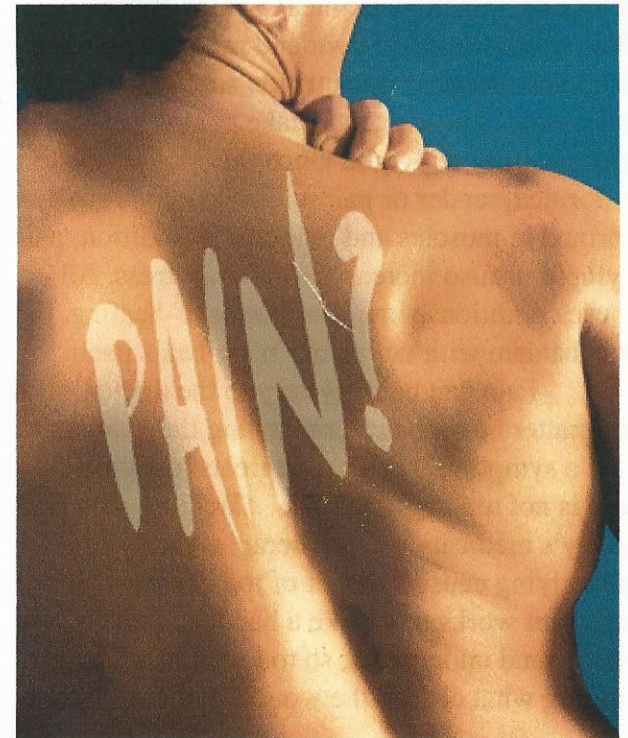
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Live Without Pain

"Pain is the body's natural way to express defects and disturbances"



Pain

Pain has been known to occur every since life began and various philosophers of particular times have come up with different definitions and explanations for pain while they were helping the sufferers help or manage pain. Hippocrates described pain as an imbalance in the body humors: Plato, Aristotle, Galen, Descartes all had different theories about pain.

Pain is an unpleasant sensory and emotional experience associated with actual or potential tissue damage. But we know that pain is a universal problem. It affects men, women, children, the aged and no one is exempt from its clutches.

Most pain symptoms involve inflammation and tissue injuries. These processes result in releasing some biochemicals which cause pain. Pain makes muscles tight and reduces blood flow with low oxygen and nutrition supply to the painful tissues. These events make painful tissue even more painful and tight. Once this vicious cycle is formed, tender or painful spots are gradually formed in muscles and tendons. In addition, pain symptoms also increase emotional stress. All these conditions slow down our self-healing, the mechanism with which our body heals itself.

Pain can be a mystery to the doctor. But no matter how severe or puzzling the pain is, it is just a symptom. When one treats just the pain, one is not treating the cause. Treating pain with today's medications and therapies rarely gets to underlying causes. Most of today's pain management works more like a bandage that covers the wound underneath, so to speak, than determining what caused the wound in the first place.

Types Of Pain

- Skin disorders: eczema, atopic dermatitis, shingles, dry skin, burning pain over skin
- Joint dysfunction: arthritis, fibromyalgia, backaches, lupus, neck and shoulder pain
- Respiratory system dysfunction: asthma, bronchitis, pneumonia, sinusitis
- Digestive system dysfunction: indigestion, acid reflux disorders, diabetes
- Genitourinary: PMS, ovarian pain, bladder, kidney, and vulvar pain
- Nervous system dysfunction: headaches, migraines, anxiety, panic attacks
- High blood pressure, stroke, heart attacks, anemia
- Glandular dysfunction: hypothyroid, hyperthyroid
- Emotional stress, disturbances, imbalances
- Physical trauma or trauma related pain

Acute vs. Chronic Pain

Pain can be described according to its cause (malignant or non-cancer), physiologic description (neuropathic, visceral, or somatic), and/or temporality (acute or chronic). The distinction between acute and chronic pain is no longer considered primarily a function of how long the pain lasts. Instead, acute pain is described as pain that usually has an identifiable pathology and predictable prognosis. Examples of acute pain are a sprained ankle or ear infection. These types of pain usually resolve once treated and healed. Chronic pain, on the other hand, is generally of unclear pathology and unpredictable prognosis, and can

be caused by countless diseases, syndromes, injuries, or surgeries. Chronic pain tends to last longer than six months—beyond the expected course of healing.

Impact of Chronic Pain

Chronic pain negatively impacts all aspects of an individual's life, including emotional, vocational, financial and social elements. The entire family may be dramatically affected, and many feel isolated because they can no longer work or must drop out of their normal activities, thus further isolating themselves from friends and family.

Various therapies and pain medications are available today. Some of them can really be called "wonder" drugs; they work like magic for some people. But others don't work as well. And some people can't seem to get any relief no matter how powerful the medication is. In most cases, acute pain responds best to pain medication and pain management therapies. As soon as the pain is relieved, the treating doctor is happy. The patient is happy, until the next episode arrives. When that happens, first, the patient is surprised that the pain has returned, then confused. Even though he/she might have been examined by the best pain specialist and prescribed the most expensive medication, why did it return? Few in conventional medicine have the answer. One of the major concerns and unanswered questions is why pain goes away in some people but stays on in others for days, weeks, months, or even years in spite of medication and extensive therapies.